

Tremont Turks Player Expectations - Volleyball

I. School Handbook and Athletic Code Policies a. For any violation, all school policies already in place will be enforced.

II. Bus Policy

a. We arrive as a team and we should make all efforts to leave as a team. Parent's must sign their daughter out before she can ride home with them after a game. A note must be written if the athlete is to ride home with someone other than the parent. Each player will be allowed one excused bus ride home from games, other absences will be considered unexcused. I believe that traveling to and from road games is a great time for a team come together and bond.

b. If you miss the bus, you do not play in the game. You are still expected to make an effort to come to the game and be part of the team.

III. Attendance Policy

a. Missing a practice will only be excused by a doctor's note, illness, trainer recommendation, or death in the family. Failure to comply will result in diminished playing time at the coach's discretion. We have all made a commitment to each other and to the program and have a responsibility to our teammates, coaches, and school.

b. Please inform your coach of any absence with as much notice as possible.

i. Missing practice at any time will lead to diminished playing time at the coach's discretion.

c. Tardiness to home games will result in a loss of playing time at the coach's discretion.

d. Missing a game will require the athlete to earn back the position they gave up. Athletes will not immediately return to the role they had before the game missed, they must earn it back in practice.

e. D-Halls are an unexcused absence and are not tolerated or expected from an athlete. A player must inform the coach of a D-hall prior to practice. f. Injuries will not be reason to penalize an athlete. Injured athletes are expected to still attend practice and have limited participation.

IV. Unsportsmanlike Conduct

a. Players who receive an unsportsmanlike penalty will have a loss of playing time at the coach's discretion.

b. Ejection from the game also means a game suspension from the next game at that level.

We have all made a commitment to OUR TEAM, OUR TEAMMATES, and OUR SCHOOL. We have the incredible opportunity of starting the winning traditions of Girls Sports Programs at Tremont. My intentions are for all of us involved to have fun experiencing athletics, learn how to win as a TEAM, improve our individual skills, and take from the game some lessons in life.

PLAYING TIME is decided by the athlete, not the coach or the parent. The athlete will decide their playing time each day they come to practice. High school volleyball's main focus is to be competitive and find success in winning. Those players with the highest skill level will play the most minutes while those players with a lower skill level will have practice time to improve their skills and playing time. If an athlete is not an active participant at practice constantly developing these skills, then their playing time will be directly affected.

MAKING GOOD DECISIONS---PLAYING WITH GREAT INTENSITY-SHOWING A LOT OF HEART